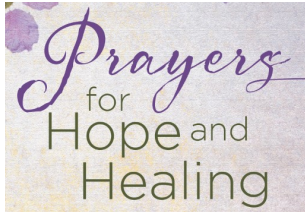


The Trinity Trumpet

A Monthly Newsletter Published by
Trinity Lutheran Church, Pittsburg, OH
August, 2024



- Holly McEldowney—Cancer
- Kenny Hesler—General health
- Amanda Spahr—Brain issues
- Aiden Snyder—Leukemia returned
- Jerry Higgins—Cancer
- Janet—Hospice
- Jake Angles—Back pain
- Amber
- Gracee
- Peace in Ukraine & People of Ukraine
- Karen Cline—Kidney
- Jody Hesler—Safety
- Brian & Jayne Connair—Cancer
- Bev Zimmer—Health
- Mike Gray—Healing
- Robert Harter
- Marvin Fourman—Health
- Tyler Morris—Paralyzed from auto accident
- Mary Piel—Health
- Mark Rismiller—Health
- Brian Watson—Collapsed lung & surgery
- Patti Troutwine—Recovery at home
- Jeff Spalding—Heart surgery
- Lynn Netzley—Healing & recovery
- Paul Schmitmeyer—Health
- Mary Lou Lewis—Breast cancer
- Marilyn Schlegel—Cancer
- Mike Goodwin—Cancer
- Edna Fourman—Health
- Jim Brown—Health
- Earlene Morris—Health
- Chris Mumaw—Cancer remission

Prayer Concerns— Current and ongoing

- Grayson Naff—Batten, Rare childhood disease
- Mary Beth Printz—Health
- Brycelin Troutwine—Health issues
- Eric Snyder—Hospice
- Kylie Cline—Mental problems
- Katherine Jump—Health
- Scott Troutwine—Cancer
- Jeanne Campbell—Cancer
- Jane Baxter—Healing
- Jr. Koos—Health
- Allen Dunevant—Stroke
- Jason Schenck—Cancer
- Anders Family—Son w/health issues; 2nd Son w/Legal issues
- Israel fighting
- Linda Harter—Heart surgery
- Nancy Dunn—Kidney cancer
- Gene Thompson—Recovery
- Lowell Rhoades—Heart
- Paul Cline—Health
- Deo Furlong
- Allison—Seizures
- David Netzley—Health
- Trinity Youth—Growing in their faith
- Craig Thompson
- Jack Bechtol—Health
- Julie Volk—Eyes
- Doug Etter—Colon Cancer
- Melanie Musser—Transition to long term care
- Dennis & Ellen McDonnell—Health
- Jerry E—Health
- David Allen Brumbaugh—Recovery
- Todd McMullen—Cancer
- David Allan—Health/Decisions
- Jeff Sebring—Health
- John Lawhorn—Glaucoma
- Shirley Shouders & Son Tyler—Health
- Joann Carter—Hip
- Kylie Cline—Broken Bones
- Steve & Joetta—Emotional strength
- Doug Zimmer—Aortic Aneurysm Surgery
- Jason & Mindy Stebbins—Tornado destroyed home and barn
- Kelsey Cheadle—Heart surgery
- Tornado Victims
- Norma Crawford—Aging issues
- Dale Spahr—Healing
- Clint & Holly Weiss—Tornado Damage
- Dustin Miller Family—Tornado destroyed house, barn, & vehicles
- Glenda Case—Eyes
- Susan Wiese—Eyes
- David McKibben—Hip replacement and healing from knee pain
- Marge Warner—Health
- Pam Petitjean—Brain bleed
- Stacy Dirksen—Recovery from dog attack
- Becky McMullen—Back Surgery
- Cynthia Loffer—Health
- Jim Tappen—Cancer
- Linda Darlage—Health
- Lilly Cleveland—Rehab
- Brixton—Health
- Kathy Kathman—Surgery
- Bob Harter—Health
- Barbara Gunter—Sciatica
- Lynn Spahr—Heart
- Marlene Dirksen—Leg & foot pain
- Jake Angles—Recovery from stroke
- Jan Giraro—Chronic pain/Depression
- Cheryl Wade—Surgery recovery
- Anders Family
- Phil Shiverdecker—Health
- Cary Feitsans—Health

Prayer requests may be emailed at anytime to trinityprayers@woh.rr.com and upon receipt your request will be shared so that many will be praying immediately.

DEADLINE FOR THE SEPTEMBER TRINITY TRUMPET IS AUGUST 20th.

Youth & Family Ministry



**LET your
LIGHT
SHINE
BEFORE
OTHERS**
Matthew 5:16

AUGUST

Youth Sunday School is aimed at pre-K through 6th grade. Kami Schmitmeyer is our lead Sunday School instructor.

Trinity Troops- update! This will now be 4th, 5th, and 6th graders. Next meeting will be on September 8th- right after church service.

Confirmation Class—Confirmation is for those youth in 7th and 8th grade. Confirmands are required to do sermon notes- the forms are in the back of the church. If students are unable to attend church in person, they can watch it on Facebook. Confirmands should also sign up to be acolytes. Will Start back in September.

Acolyte training-Any youth who wishes to serve as an acolyte - please contact the Pastor or Ms. PJ. Be sure to sign on the acolyte calendar when you serve.

Adult Sunday School—Come join us for some fellowship prior to church service. Adult Sunday School is from 9:30 a.m. – 10:15 a.m.

Special Sunday School offering. No specials arranged at this time

Youth and Family Ministry Meeting- Meeting on August 2nd at 10am. This is a Friday.

Vacation Bible School- VBS was great!!! Because of the kids that attended and all those that came out and volunteered. Mark your calendars- August 8th and 10th 2025!

Rally Day will be August 25th. This is the day we will do the blessings of backpacks. We will also be presenting youth Bibles on this day. There will be a potluck/carry-in after church. Hotdogs will be provided. We will have ice-cream Sundaes on Rally Day Sunday as well. Watch for a sign up sheet.

Video/book club- This is a new group opportunity. Our first endeavor will be to watch "The Chosen". We will then have time for discussion. We will be meeting on the second and fourth Sundays from 6pm-7:30pm. First dates are September 8th and September 22nd.

All things work together for good to them that love God. Romans 8:28

PJ Musser, (937-626-3295), Youth and Family Ministry Leader (2023-2024)

Ladies & Gents Luncheon

Thursday, August 15 at 11:30 am
At Mel-O-Dee Restaurant
2350 S. Dayton-Lakeview Rd.
New Carlisle OH 45344

Please contact Linda Baker at 937-545-8410 or
937-547-0975 if you plan to attend.

PRAYERS & SQUARES QUILTING

August 8 & 27 10:00 am

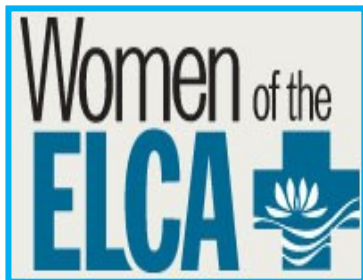
August 16—24, 2024

Lutheran Day will be Thursday, August 22nd.

An annual family tradition that dates back to 1853. The Great Darke County Fair attracts an average of 250,000 fairgoers every year.



AUGUST 2024



August is here- Time for the Great Darke Count Fair, Sweet corn is plentiful, and kids are getting ready to return to school. National Lazy day is on August 10th and National Relaxation Day is on August 15th: these are 2 days I plan on celebrating by doing nothing! Additionally, it is the start of our Trinity WELCA year. Our WELCA planning meeting is on August 7th.

The 2024/2025 Trinity WELCA officers are:

Leader - PJ Musser	Co-leader - Marge Warner
Secretary- Julie Kossler	Treasurer- Portia Boord
Sunshine-Julie Kossler	Quilting Chair- Linda Baker/Judy Ulrich
Giving Tree- Pat Netzley & Pam Oswald	Ladies & Gents - Linda Baker
Grace Works- Teresa Neitzelt & Kathy Kathman	

Fund Raising Activities

Rada Knife ongoing fund raiser- see Portia.
Cleaning Cloths- see Diane Warner

Our next meeting is our planning meeting-August 7th at 11:30 am. Pam Oswald and Pat Netzley will provide snacks.

Jesus loves you and so do I!

PJ- WELCA president at Pitsburg Trinity Lutheran Church 2023/2024



Southern Ohio Synod
Evangelical Lutheran Church in America

Women of Evangelical
Lutheran Church in America
2024 Biennial Convention

AT: St. John's Lutheran Church 248 Wood St, Piqua, OH 45356 937-773-3284

WHEN: Saturday, Sept 28, 2024, Note: One Day Only

8:00 AM Registration Breakfast & Vendors with Gathering at 8:45

“Grounded in Love”

that according to the riches of his glory he may grant you to be strengthened with might through his Spirit in the inner man, and that Christ may dwell in your hearts through faith; that you, being rooted and grounded in love, may have power to comprehend with all the saints what is the breadth and length and height and depth, and to know the love of Christ which surpasses knowledge, that you may be filled with all the fulness of God.
Ephesians 3:16-19

We will be electing voting members for the 2026 Triennial. Nomination Forms are available from any board member. Also, elections to the Synodical Board will be made. Nomination forms available.

In-Kind Gifts: We will be collecting gift cards for Lowes and Home Depot to help those in Russells Point who were hit with a tornado this past spring. Pastor Karen Torrez of Galilee Lutheran Church in Russells Point is coordinating.

Lunch will be provided by a local artisan Sandwich shop. Please mark whether you prefer meat or vegetarian.

Registration Fee: \$50.00 Make check payable to: Women of the ELCA

Deadline: Sept. 9, 2024, Walk-ins welcome –Limited sandwiches available

See PJ Musser if you plan on attending.



August, 2024

Blood Pressure screenings after worship service when announced.

Exercise to improve bone health.

As people get older, their risk of osteoporosis rises. Osteoporosis is a disease that causes bones to become weak and brittle, which increases the risk of fractures (broken bones). Older adults also tend to lose muscle (a condition called sarcopenia). We need strong muscles to help us balance and reduce the risk of falling and breaking bones.

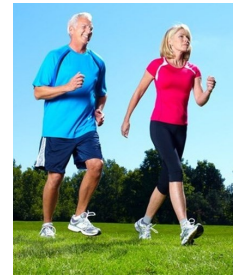
Exercise in adults and children of any age offers many benefits for bone, such as:

- Strengthens both muscles and bones in children and adults.
- Prevents bone loss in adults.
- Makes bone denser and replaces old bone with new bone.
- Improves balance and coordination.
- Helps prevent falls and fractures.
- Helps prevent osteoporosis.

If you have low bone density (a condition sometimes called osteopenia), osteoporosis, or other physical limitations, talk to a health care provider before starting an exercise program.

A combination of these types of exercise is best for building and maintaining healthy bones and preventing falls and fractures:

- **Weight-bearing exercises.** These exercises produce a force on bones that makes them work harder. Examples are:
 - ◊ Brisk walking (3 to 4 miles per hour).
 - ◊ Jogging or running.
 - ◊ Tennis, badminton, ping pong, pickleball, and other racket sports.
 - ◊ Climbing stairs.
 - ◊ Dancing.
- **Resistance training exercises (weightlifting),** which add resistance to movement to make muscles work harder and become stronger. These exercises put stress on bones, so they can make bones stronger as well. Strength-training exercises can involve:
 - ◊ Weight machines.
 - ◊ Free weights.
 - ◊ Resistance bands.
 - ◊ Use of your own body weight (such as pushups or pullups).
- **Balance training,** which is especially important for older adults. It can improve balance and help prevent falls. Examples are:
 - ◊ Walking on an unstable surface (e.g., a foam mat or wobble board).
 - ◊ Tai chi.
 - ◊ Walking backwards.
 - ◊ Shifting your body weight backward and forward while standing with both feet together or on one foot.



For all adults:

- At least 150 minutes (2.5 hours) a week of moderate-intensity exercise OR at least 75 minutes a week of vigorous-intensity exercise.
- For additional benefit, muscle-strengthening activities of at least moderate intensity at least twice a week.

Time for me to get moving. How about you?

PJ Musser MSN RN Parish Nurse

Word from Our Pastor

¹⁰ Then many will fall away, and they will betray one another and hate one another. ¹¹ And many false prophets will arise and lead many astray... (Matt. 24:10-11)

Trinity Church,

Grace and peace to you from God our Father and from the one who saves us from ourselves, Jesus Christ our Lord, amen.

This has been a crazy month! As I write this, we've just come through an attempted assassination attempt on a former president, we've watched the current president seem to get lost in his own thoughts losing the support of both donors and his own party officials, and finally be forced to step down from the nomination for a second term as president. Yesterday I watched as the director of the Secret Service refused to answer almost every question from the Congressional oversight committee. That was a rare event as congress critters from both sides of the aisle grilled the director and called for her resignation. As I write this she has not resigned... All of these events happened in a context of an America more divided than I can remember in my lifetime.



I confess over the past 2 or 3 years I've grown more and more frustrated. I watched images on television of police brutality leading to buildings burning, police vehicles being overturned and set on fire, and even police assassinations all while being told these are "mostly peaceful" protests. This past spring we watched as our university campuses became occupied by anti-Jewish, pro Palestinian protestors. It seems our whole world has turned upside down and I, for one, have no idea what to do or think any more. It's a good thing I'm not in charge! I would not have a clue how to lead such a divided nation. At this point we can't even tell who is telling the truth and who isn't...

My guess is the world has been this way almost since the beginning. If everything had been all rainbows and unicorns, Jesus would not have issued such a stern warning that I quoted in the verses above. He did it, not to scare us, but to assure us He is still in control. Even after describing the wars and rumors of wars and the shaking of the very cosmos to the point where the sun and moon fail, Jesus said He will return on the clouds in power and glory. Matthew goes on to tell us that when this happens, Jesus will send out his Holy Angels with a loud trumpet call and gather His people from the corners of the earth.

I for one am ready for Jesus to return! Wouldn't it be great to see every knee bend and every voice proclaim Jesus is Lord! I look forward to that day, but we still live in these present times when there is no unity and no objective truth. During these times we have a choice to make. Will we follow the crowd and continue to hate one another simply because we differ in our perception of reality? Maybe it would help us to remember, even the staunchest partisans have more in common than that which separates us. When I observe all the wrangling over the issues that divide us, I want to throw my hands into the air and give up on my neighbors, but I know that's just exactly what the devil wants us to do. Let's not give in to that old scratch. Instead let's show the father of lies that we follow a different kind of leader. Jesus Christ said when we're offended we should turn the other cheek. If only that were easier to do...

May the love of Jesus be in our hearts and give us the faith to overcome the evil that seems to pervade every inch of our society. May we be peacemakers and Children of our Heavenly Father. May Jesus come quickly and reconcile all things back to God. Amen.

In Christ's Love,
Pr Mel



President's Perspective...

To my family of members in Christ,

Well, here we are, over halfway through the year 2024. I certainly praise you for your continued support financially, of our beloved church. You are one of the biggest reasons we continue to not only survive when other small churches fail, but you enable us to move on with our ministry, not only within our walls but on into the outside world as well.

The last part of our beautiful outside sign has been completed. May this sign be a beacon to the outside world that the love and ministry of our God goes on within this brick-and-mortar building.

We have been dealing with our air conditioning issues but for now, it seems to be working fine. We may have some draining issues to check out but that is later.

Personally, I want to thank each of you once again. The passing of my wife, Donna, the love of my life, has been difficult, but here is what I found out. In this order, with the love and support of my children, my grandchildren, my church family, not only my dearest of friends but so many other friends throughout the area and even farther away, I am ok. I also understand now what those of you who have lost their mate before, have gone through. Each of us will continue to march ahead and support one another. Only Christ's love for us and our love for Christ makes this possible.

Peace and love to you all,

Dean

THE AUGUST COUNCIL MEETING HAS BEEN CANCELLED. NEXT MEETING SEPTEMBER 18th.



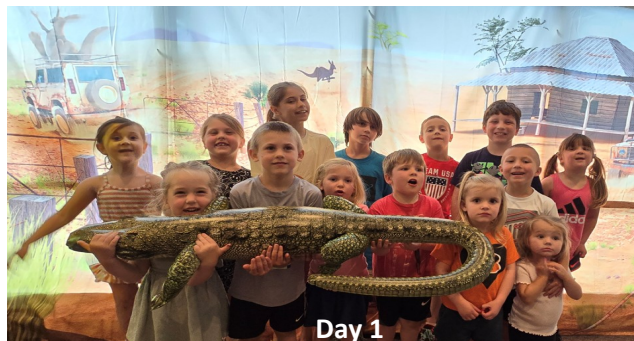
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PRAYER QUILT PRESENTED....

On Sunday, July 21st, the congregation tied prayer knots on a quilt created by Trinity's Prayers and Squares Ministry and the quilt was then presented to Allison Bolin, a friend of Lexie Angles.



Fun at Trinity Vacation Bible School 2024



Confused Matilda



Hoppin' good time!



Filled with God's blessings!



Outdoor fun and games.



August Celebrations



Birthdays

- | | | |
|----------------------|--------------------|---------------------|
| 1 Christi Jasinski | 12 Charlotte Payne | 25 Aiden Myers |
| Tony Garwood | Claire Hein | Rhyan Cool |
| 2 Melanie Musser | Niki Angles | 26 Dean Thompson |
| 6 Ky Cool | 14 Russell Daniels | 27 Michelle Heckman |
| 8 Katelynn Troutwine | Deb Sease | 28 Jeremy Netzley |
| 9 Caleena Hesler | 17 Lisa Garwood | 29 Becky McMullen |
| 10 Cassandra Creech | 18 Lylah Carnes | Craig Cotner |
| Diane Warner | 22 Rick Myers | Devyn Thobe |
| Landon Muhlenkamp | 23 Holly Wright | 30 Brenda Tauscher |
| 11 Colston Warner | 24 Eric Rich | |
| | Weston Rich | |



Anniversaries



- | | |
|----------------------------|---------------------------------|
| 2 Nicholas & Becky Daniels | 7 Caleb & Morgan Custer |
| 4 John & Teri Thobe | 9 Jerry & Becky McMullen |
| 5 Kenneth & Carla Hesler | Josh & Kami Schmitmeyer |
| Andrew & Rebecca Aelker | 11 Christopher & Brooke Chapman |
| 6 Dean & Deborah Thompson | 29 Mark & Teri Brumbaugh |
| | 31 Danny & Pam Myers |

Baptisms



- | | | |
|-------------------|----------------------|---------------------|
| 1 Kyle Ressler | 12 Shane Warner | 22 Lori Mattox |
| 4 Brooke Chapman | 14 Elizabeth Martin | Peggy Didier |
| Kimberly Harleman | 15 Kyle Fledderjohn | 23 Christi Jasinski |
| Tess Tauscher | 16 Morgan Canan | 24 Steve Hesler |
| 5 Russell Daniels | Dawson Schmitmeyer | 25 Lance Witters |
| 7 Lucas Witters | 17 Landon Muhlenkamp | 26 Mackenzie Canan |
| 10 Elainah Nickol | 18 Krista Coppess | 27 Hayley Harleman |
| 11 Trevor Groff | 20 Layni Ressler | 29 Bryanna Diceanu |


AUGUST	
READERS	
4	Dean Thompson
11	Teresa Neitzelt
18	PJ Musser
25	Marge Warner

AUGUST 2024						
SUN	MON	TUE	WED	THU	FRI	SAT
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31



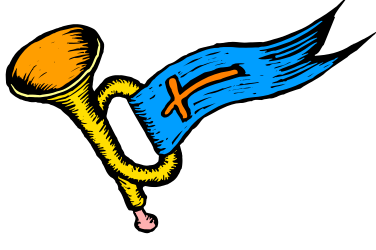
AUGUST



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				1	2	3
4 9:30 am Christian Conversations 10:30 am Worship w/Communion	5	6	7 11:30 am WELCA Meeting	8 10:00 am Prayers & Squares Quilting	9 3:30 pm FISH Choice Food Pantry	10 3:30 pm FISH Choice Food Pantry
11 9:30 am Christian Conversations 10:30 am Worship	12	13	14	15 11:30 am Ladies & Gents Luncheon at 2350 S. Dayton-Lakeview Rd., New Carlisle	16 3:30 pm FISH Choice Food Pantry	17
18 9:30 am Christian Conversations 10:30 am Worship w/Communion	19	20 	21 7:00 pm Trinity Council Canceled.	22 Lutheran Day at the Fair	23 3:30 pm FISH Choice Food Pantry	24 3:30 pm FISH Choice Food Pantry
The Great Darke County Fair						
25 9:30 am Christian Conversations 10:30 am Worship RALLY DAY! Carry-in/potluck after worship and Sundaes on Sunday!	26	27 10:00 am Prayers & Squares Quilting	28	29	30 3:30 pm FISH Choice Food Pantry	31

TRINITY TRUMPET

August, 2024



SAVE THE DATE

- August 22nd—Lutheran Day at the Fair
- August 25th—Rally Day at Trinity Carry-in/Potluck dinner after Worship (Hot dogs provided)
- September 8 & 22—Video/Book Club At Trinity 6—7:30 pm

A MONTHLY NEWSLETTER

PUBLISHED BY

TRINITY LUTHERAN CHURCH

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pastor@pitsburgtlc.org



Scan with your Smartphone and link to our web page, our Facebook page, and our YouTube Channel.